

# Underwater Hockey!



**It's fun. It's weird. You'll like it.**

It's a great workout for swimmers, scuba divers and anybody who likes the water

Co-ed teams of teen and adult players of all abilities meet at Saanich Commonwealth Pool 9:00 pm Wednesday nights and 7:30pm Fridays starting Sept 20.

Bring whatever snorkelling gear you have (mask, snorkel and fins), though if you contact us ahead of time we can always bring spares for complete newbies.

We'll take care of the rest.

Newcomers always welcome, no experience necessary.

Contact Tony 361-3341 [tony\\_gray@paralynx.com](mailto:tony_gray@paralynx.com) or Patti [HelloPatti@shaw.ca](mailto>HelloPatti@shaw.ca) or just show up!

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